

Nigel Foster

B.C.U. Coach, Author, Kayak Designer

"Circumnavigation of Iceland • Crossing The Hudson Strait"

Lecture Friday June 27 - Essex Town Hall, Essex, CT

Paddling Workshops - Stony Creek, CT June 28th & 29th



Nigel Foster is a leading sea kayaker instructor and, in the words of the editor of the British Canoe Union Handbook, "One of the BCU's most eminent coaches". he holds the highest level of BCU coach award in sea kayaking and surf kayaking. He is a Senior Instructor and holds advanced proficiency awards in white water kayaking and open canoe.

Nigel's talk will include recent expedition circumnavigation Iceland and a solo crossing of the Hudson Strait.

As a writer, Foster is a regular contributor to Sea Kayaker Magazine, and an occasional writer for several British magazines. He wrote the chapter on sea kayaking for the BCU "canoeing Handbook" and the chapters on sea kayaking adventures in the book "Raging Rivers, Stormy Seas". He has three technical manuals in print, the

"Beginners Guide to the Kayak", "Sea Kayaking" and the most recent, "Open Canoe Technique".

Nigel Foster has designed five sea kayaks and several kayaking garments. His kayak designs include the Legend, Vyneck and the Shadow which are manufactured in both the U.S. and Holland. He lectures widely at sea kayaking symposia and clubs throughout the world.

His sea kayaking accomplishments include the first circumnavigation of Iceland by kayak, and a crossing of the Hudson Strait as part of a solo wilderness journey. He has paddled in France, Holland, Denmark, Finland, Norway and Sweden, UK, Faeroe Islands, Iceland and many areas of the U.S.

Contact Terry Harlow for workshops - (860) 659-1223

DIRECTIONS - ESSEX TOWN HALL

Approaching from the North on Route 9, take Exit 3. At the end of the exit ramp, turn left and go under the Route 9 bridge to the light. Turn left at this light on to West Avenue. The Town Hall is about a third of a mile up the hill on the left, at the corner of West Avenue and Grove Street. Turn left onto Grove Street for parking at the rear of the building.

Approaching from the South on Route 9, take Exit 3. At the end of the exit ramp turn left and go to the light. Turn right at this light on to West Avenue. The Town Hall is about a third of a mile up the hill on the left at the corner of West Avenue and Grove Street. Turn left onto Grove Street for parking at the rear of the building.

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Sawyer Island - Little Pleasant Bay, Cape Cod. Diane xxxx and friends found a beautiful

BLUFF POINT PADDLE/PICNIC

SATURDAY, APRIL 26 - GROTON

RAIN DATE APRIL 27

There are large pond and protected bays as well as two islands right off shore in the Groton Harbor. This is protected water paddling with open water at the mouth of Groton Harbor. Pack a lunch.

Jay Babina (203) 481-3221 Home.
For any further information.

DIRECTIONS -

I-95 to exit 88 in Groton. Head towards water (south) thru two lights to the junction of Rt. 1. Right on Rt. 1. Left at first light (Depot Road). Continue on to Bluff Point State Park..

In the water by 10:30 a.m.

about cancellations...

Trips will list a contact person for cancellations as well as any other pertinent information. Some trips will have an automatic cancellation in case of rain. All trips will have directions to the launch.

Those who take it upon themselves to organize a paddle just can't please everyone all the time. What's paddling weather for one may not be for another. Use your best judgment and arrive to have a good time.

PADDLEFEST 1997 KAYAK DEMO DAY

*Sunday May 4 - Kingston, RI
sponsored by The Kayak Center of Wickford, RI*

Dozens of Sea Kayaks and White Water boats on display for sale and try-outs.
10 AM to 5 PM.

For information.(888) SEA-KAYAK

INTRO INTO MOVING WATER

SATURDAY, JUNE 7 - CT RIVER

Learn how to play the tidal currents. We'll practice eddy turns, ferries, and other moving water techniques on the CT River below the King's Island state launch ramp with leader Clark Bowlen. Pack a lunch. - (860) 623-6587 for further details. (This is a free trip)

COBSCOOK BAY - MAINE

THURS. JUN 19 - TUES. JUNE 24

We will sea kayak from shore-side campsites at Cobscook Bay State Park, which combines a near wilderness setting with the most interesting tidal water on the Atlantic coast. See Tansin Venn's article in the August "96" *Atlantic Coastal Kayaker*. A low-key share-the-chores and decisions trip predicted on intermediate sea kayaking conditions. Come for as many or as few days as you wish. Wet or dry suit mandatory. Call Clark Bowlen (860) 623-6587 for further details.

CONNYPAK WEB PAGE ENFIELD TO WETHERSFIELD

SATURDAY, MAY 3 - ENFIELD

First of four trips planned to paddle the entire Connecticut River.

DIRECTIONS -

King St (Exit 46) off I-91 and go .2 miles N. on RT. 5. Following Boat Launch sign, take 1st. left turn onto Old King Rd. .2 miles take 2nd left on Parson Rd. .4 miles across railroad track to launch. We unload and shuttle a few cars to Wethersfield Cove (take out). Bring lunch and cold water paddling gear (wet/dry suit) Trip ends mid-afternoon. Rain cancels the trip.

Info. Doug Murray (860) 521-8897

Meet at launch site at 9 AM

Note: All paddlers on ConnYak trips must wear the appropriate CG approved Personal Flotation Device and wear a spray skirt. The boat and equipment must meet CG requirements, including an appropriate signaling device. All paddlers are responsible for their own safety, including dressing for immersion. Beginners must have taken a basic course and be proficient in performing a wet exit. (always carry extra dry clothes)

CONNYPAK WEB PAGE

Our Homepage is located at:

www.mindspring.com/~connypak/index.htm

CPR COURSE

Wed. May 14 - (Evening)

New Park Office Center

151 New Park Ave. Hartford

Kim Gass (Certified Instructor) has offered to teach a CPR class. \$20. per person. Call Stan Kegeles for info. 203-481-1881

TO JOIN CONNYAK...

ConnYak is a non profit club that is open to all paddlers interested in sea kayaking from any location.

Meetings are usually on the 3rd Wednesday of each month. Yearly dues are \$30. Direct membership inquiries to: Stan Kegeles
P.O. Box 2006 Branford, CT 06405

Send newsletter articles and photos to:
Jay Babina c/o Jason Design Associates
230 East Main Street, Branford, CT 06405
203-481-6815 Fax 203-481-0786

CLASSIFIED

Kevlar Necky Tornak, 3 mos. old
Red & White \$1600 203-426-8286

Betsey Bay Recluse - white/white
\$1200. 860-721-1593

Wilderness System Solution XL
w/Werner paddle \$900. 1996 Necky
Looksha, 1 mo. old \$1000. Accessories:
nylon & neo spray skirts, Kayak sail-
ing kit, kayak counsel, portage cart.
Best offer on accessories. 860-346-6224

Necky Kyook, 3 yrs old, used little
last 2 years- w/ rudder. \$750.
860-379-0454

Necky Narpa - Granite color.
Deck lines, thigh braces, hip pads.
Bending Branches paddle and spray
skirt \$950. 860-623-6587

Kevlar Seda Gypsy (single Kayak)
15'3" x 24" - 36 lbs. Eddyline compos-
ite paddle. \$1500. 860- 667-9305



ConnYak

CONNECTICUT SEA KAYAKERS

c/o Stan Kegeles
P.O. Box 2006
Branford, CT 06405