

If you have any questions, call Linda at (617)924-1547, Mike at (203)269-0359, and the day of the party, call (203)738-9269.

### Classified

- Necky Kevlar Tomack, purchased 10/95. Red deck, white hull. In good condition. Purchased for \$2200, asking \$1800. Call Pat Pellegrini at (203) 426-8286.

### DIRECTIONS to Essex Town Hall for July 12th Evening Lecture by Howard Jeffs

#### Traveling Southbound on Rte 9:

Take exit 3. Make a left turn onto Rte 154 and proceed to the light, then turn left onto West Avenue. Proceed ½ mile (library on left. Across the street (not West Ave) is the Town Hall which is an old H.S.

#### Traveling Northbound on Rte 9:

Take exit 3. Make a left turn onto Rte 154 and proceed to the light, then turn right onto West Avenue. Proceed ½ mile (library on left. Across the street (not West Ave) is the Town Hall which is an old H.S.

Parking and the auditorium entrance is located in the rear of the building.

inspired dreams from kayak clubs

Excerpted from "Notes on Group Trips", Bruce's Paddling Page, Internet

## SURF PADDLING!

### *When is the best surfing?*

Generally, the days following storms provide the best (largest) waves on the east coast. The best west coast surf is more a function of storms generated far away (more fetch). Winds blowing from the ocean to the shore also can add to a wave's strength whereas wind moving from land to ocean will diminish a wave's strength. If the wave is large, the winds hitting the wave face can hold the waves up before they break, providing a steeper wave face and more exciting ride. Additionally, low tide usually offers the best surfing because the angle of the beach at low tide is usually less steep than at high tide. This makes it important to look at tide charts for your area before surfing.

### *How do I launch in the surf?*

If launching by yourself, or if you are the last person in a group to launch, try to set your kayak on the beach in such a manner that it faces directly straight into the waves, and in the waves just enough that you can push yourself off, yet not be knocked about by waves as you are securing your sprayskirt. This will be in an area somewhere below where the highest waves are washing up and above the smaller set. Knuckle-walk your boat into the surf using one of the larger waves to partially support your boat. Watch your paddle. If you have assistance, you can launch slightly further out as your friend steadies the boat.

Once you launch, paddle hard.. There are two schools of thought for making progress through large waves. One maintains that when a good size wave comes at you, paddle fast directly toward it, then quickly lean forward in tucked ready-to-roll position and "needle it" when the wave hits. This presents the absolutely smallest area of resistance and eliminates a direct face and chest hit by the wave or paddle (and places your paddle in a rolling position in the event that this relatively unstable position results in being flipped). The other school of thought suggests that one should keep paddling very hard and try to time the strokes so that at the last minute you can bend forward, but instead of going into a roll position, reach forward with the paddle into the wave with the paddle shaft at a downward angle in relation to the axis of the boat so that if the wave catches the paddle, it will be pushed downward instead of up-and over. This way you can keep paddling, and maintain thrust while the wave hits. In either case, once it has passed, resume paddling out. It is very important to stay perpendicular to the waves, so that you don't get turned sideways (broached). It is also necessary to have sufficient (maximum) forward speed as the wave arrives to that you don't start surfing backwards!

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If your roll is completely reliable, and there are no rocks, you have the option of turning upside down and dragging deeper water with your paddle to avoid the wave's impact, but practice this with smaller waves first because of the unusual ways that the currents can pull on your arms- injury is possible. Also be aware of the fact that the first exposure of the eyes and nose passage to saltwater can be very distracting.

Conn-Yak  
c/o Stan Kegeles, Pres.  
18 Pleasant Street  
Burlington, CT. 06103

# KAYAKERS' RAFFLE

## WINNERS

MANY THANKS TO THOSE WHO DONATED PRIZES !!

- 1) KOKATAT DRY SUIT---Won by Marianne Brinigar - DONATION, NICK DYSLIN, NECKY
- 2) HENDERSON WETSUIT--Won by Clark Bowlen - DONATION - DAVE SNYDER - HENDERSON
- 3) WERNER PADDLE--Won by Stan Kegeles - DONATION, NICK DYSLIN, NECKY
- 4) EXTRASPORT PFD -- Won by Ruth Tombari - DONATION - COLLINSVILLE CANOE & KAYAK
- 5) 1-DAY SEA KAYAK RENTAL -- Won by Don Dozier - DONATION - COLLINSVILLE C&K
- 6) YAK STRAP--Won by Jeff LaPrise - DONATION - NORTH COVE OUTFITTERS
- 7) PADDLE LEASH--Won by Cheryl Barnaba - DONATION - TERRY HARLOW, SEA PADDLER
- 8) BILGE PUMP--Won by Jeff Treiber - DONATED BY SMALL BOAT SHOP
- 9), 10) TWO PADDLE FLOATS--Doug Murray & Clark Bowlen - OUTDOOR SPORTS CENTER
- 11) BILGE PUMP--Dickson Farrington - OUTDOOR SPORTS CENTER
- 12) BOAT SPONGE--Cheryl Hensel - OUTDOOR SPORTS CENTER
- 13) FOAM FIT KIT--Jay Welensky - OUTDOOR SPORTS CENTER
- 14), 15)--2 DRY BAGS--Fern Usen & Doug Murray - OUTDOOR SPORTS CENTER
- 16), 17) 2 PADDLE LEASHES--Ruth Tombari & Bill Morrison - OUTDOOR SPORTS CENTER

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